Al-Anon Family Groups, Inc. Area Information Services Office Board ISR Meeting Minutes March 9, 2024

10:30 AM to 11:30 AM - Held via Zoom

Board Members

Cindi - Chair* Trenta - Vice-Chair Christine - Secretary Werner - Treasurer Kristen - Office Chair*	Anita - Ex-Officio Dan - Historian/Nominations Elo - Institutions/PO Chair Ron - Al-a-teen Chair	Susan - Intercom Chair Martin - Web Coordinator * Sandra - SCWS/AIS Liaison Dora - Spanish Liaison *
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* Interim Appointment

OPENING

Trenta acted as chair because Cindi is an excused absence. Trenta opened the meeting at 10:30 AM. Werner also chaired part of the meeting because Trenta had a conflict.

Ron P and Cindi are excused absences.

Trenta led the Serenity Prayer. DeeDee read The Traditions.

Libby read the Concepts and General Warranties.

Anita verified that there were 21 ISRs in attendance so there was a quorum. (A third of the 60 registered ISRs constitutes a forum.)

REPORTS

Trenta Acting for Cindi (Chair)

There was no report for the chair.

Vice-Chair (Trenta)

The aim of the Glee Anon fundraiser was to raise \$2,500. \$1,600 was raised.

Planning for next year's Glee event is starting now. The plan is to elevate the performance with Spanish inclusion and move to a more central location.

The Al-Anon Birthday Celebration is on May 25 at the San Diego Office. Al-Anon is turning 73 and Alateen is turning 67. There will be two speakers, cake, coffee with a tour of the office and an opportunity to buy literature.

A contribution button for the Birthday Event will be on the website soon.

Trenta asked for a motion to approve the ISR Meeting Minutes from January 2024. Libby made the motion and Alan seconded. The ISRs approved the minutes.

Secretary (Christine)

Christine explained that she will have the draft minutes for this meeting ready within five days. She then sends them to the Ex-Officio, who is responsible for distributing them in draft form to the ISRs. In May, the ISRs will be asked to approve the minutes.

Treasurer (Werner)

Werner announced that he took over as treasurer chair when the position became open.

I. Balance Sheet as of Feb 29, 2024: Total assets \$164,961.83, including \$22,217.46 in literature inventory and \$756.90 in undeposited funds. The Office continues to maintain around 13 months of cash reserves (WSO recommendation: 12 months). The balance in the Board Project account was \$12,247.90.

II. Statement of Income & Expenses: Detailed statements with Current vs. Previous Year comparisons can be found in the Shared Drives along with all 2024 financial documents.

III. FY24 Budget Performance for Feb & YTD 2024:

3	Feb 2024	YTD: J-F 2024	YTD 24 Budget
Income from Contributions Income from Fundraisers Other income (interest) Income from Literature sales	\$ 3,245.51 \$ 1,465.00 \$ 296.00 \$ 5,332.89	\$ 11,571.52 \$ 1,585.00 \$ 591.36 <u>\$ 14,523.37</u>	\$ 10,850.66 \$ 2,500.00 \$ 334.16 <u>\$ 10,320.84</u>
Total income	\$10,339.40	\$28,271.26	\$24,005.66
Less of sold Literature (COGS)	(\$ 3,447.63)	(\$ 9,436.77)	(\$ 7,166.74)
Gross Income	<u>\$ 6,891.77</u>	\$18,834.48	\$16,838.92
Total Expenses	(\$ 7,985.18)	(\$15,469.62)	(\$15,173.96)
Net Income	(\$ 1,093.41)	\$ 3,364.86	\$ 1,664.96

Wener pointed out a concern that Electronic/Hybrid meetings (approx. 20% of registered groups) don't have a 7th Tradition. Electronic Groups/Hybrid Meetings are kindly invited to encourage their members to think of supporting Al-Anon service arms. He asked ISRs to remind members to send contributions online or by check.

Office Chair (Kristen)

Trenta said thank you to Kristen for returning to the Board.

Kristen offered to meet people at the office on Saturday when needed. She reported that she gets requests once or twice a month,

- 1. Total phone calls received: 158
- calls for meeting information: 37
- calls to answering service: 58
- calls referred to 12th steppers: 2
- 2. Number registered Groups: 171
 - Al-Anon English 141
 - Al-Anon Spanish 23
 - Alateen 7
- 3. Volunteer Hours: 142
- 4. Free Newcomer Packets: 30

Intercom Chair (Susan)

Susan reported that she is working on the Intercom and it will be published around March 16-17. The deadline for information is by March 15th end of day. Information can be submitted via the website.

Intercom Report:

558 Recipients:

558 Successful Deliveries 451 Opens - 1330 Total Opens 145 Clicks - 319 Total Clicks

CLICKS:

233 Intercom clicks
30 Spring Round Up Individual Ticket page
23 Facebook
12 Spring Round Up General Registration
10 Purchase Glee Anon Tickets on Website

Historian/Nominations (Dan)

Dan will discuss positions in the new business.

Ex-Officio (Anita) No report

Institutions / PO Chair (Elo)

Publications to following places:

Our Lady of Guadalupe Community House Festival of love City Heights Community event . City Heights Library

12 hours remote calls

Outreach Task Force meeting with board members.

Spanish Liaison (Dora)

Anniversary attended - camino a la recuperación 3yr Aniversario -speaker Elo invited

Wassap publications: 2/22/24 inventory posted

Literature \$6,089.48 cash \$51 Orders paid \$851 public outreach \$65 total \$7,056.48

Adult Child Convention in Tijuana \$26 donation pre-event and \$30 at the door December 27th 28th 29th of 2024 For info call treasure Maria Isabel 664- 199 - 1464 3.07.24

San Diego Sheriff Department Community event invited 03-23-24 10:00 a.m. to 2:00 p.m. at Vista academy of visual and performing arts

600 North Santa Fe avenue, Vista California Al-Anon is invited to share message with community. Volunteers requested. More info with Briseda-Spanish Public Outreach-760-884-0065

3/15/24 next meeting Spanish outlaws found to share

Web Coordinator (Martin)

Martin addressed that the meeting information on the website is not currently in the correct sequence. He said that is being corrected.

		13,602 100% of total
1	Find A Meeting or Event — Al-Anon San Diego	3,361
2	Meeting Map — Al-Anon San Diego	3,041
3	Al-Anon San Diego	2,939
4	How Al-Anon Works — Al-Anon San Diego	447
5	Los Doce Tradiciones — Al-Anon San Diego	428
6	Online Bookstore – Al-Anon San Diego	225
7	Flyers — Al-Anon San Diego	223
8	Paths to Recovery Workbook (P-93) — Al-Anon San Diego	204
9	Los Doce Conceptos de Servicio & Las Garantías — Al-Anon San Diego	154
10	Intercom Newsletters — Al-Anon San Diego	151

Martin shared information about the top ten sites used on the website:

Alateen Chair (Ron P) Absent but requested information be presented

"I have no separate report for Alateen this month other than to encourage participation in our ongoing Alateen membership drive (we are still only about half way there regarding the Al-Anon/Alateen meeting ratio), and come visit the "new" Alateen Outreach table at the upcoming Spring Round Up."

Martin acknowledged that we are fortunate to have Ron in the role of outreach. He is working to recruit more AMIAS's and addressing retention. Ron nis focusing on communication with school counselors and psychologists, etc. for referrals. He is also using games and prizes for Alateen meetings.

AIS Liaison (Sandra)

Area World Service Committee (AWSC) meeting, February 17, 2024 Report

There were no candidates at the November Assembly willing to stand for Area Alternate Delegate, or Area Treasurer. An Interim Treasurer and Interim Alternate Delegate were appointed to the Southern California World Service (SCWS) Board, by the Area Chair. These two Officer positions are being filled on an interim basis until the May SCWS Assembly.

Members who meet the requirements set forth in the job descriptions for Alternate Delegate and Area Treasurer are encouraged to submit their resume. The resumes will be posted at least one month before the next Assembly in May. Group Representatives (GRs) will vote at the May assembly to fill the positions for the remainder of the three-year term. Members are encouraged to spread the word to see if anyone else may be interested in these positions. The job descriptions are posted on the SCWS website under "Elected Officers".

https://www.scws-al-anon.org/area-world-service-committee-meeting-information/

The SCWS has new equipment to use with the Spanish speaking members when needed.

The SCWS Area Bylaws were discussed and there were suggestions to amend and remove the

District Representative (DR) prerequisite for being an Area Officer because it has become a challenge to fill service positions. This will require a discussion at the Assembly before the DR requirement can be removed. The DR requirement is in the Area Bylaws and the Area Election Procedures that have previously been approved by GRs. The DR requirement for Officer positions is also in the Al-Anon/Alateen Service Manual. Note: Motions decided upon by the GRs that affect Area policy are later added to the Bylaws. A newer draft of proposed/amended Bylaws are on the SCWS website under the November 2023 Assembly. Discussion and possible approval of the draft 2023 Bylaws was on the agenda to be discussed at the November assembly, however due to lack of time, this topic was not discussed. It was proposed at the AWSC to complete this piece of Area business at the May 2024 Assembly.

KBDM presentation and conflict resolution was discussed. See below links to SCWS website for more information.

https://www.scws-al-anon.org/wp-content/uploads/2024/02/1.KBDM-ppt-6_23.pdf

https://www.scws-al-anon.org/wp-content/uploads/2024/02/4.-CR-Grp-Practice-

Updated-2_10_24-1_9_22.pdf

Forum presentation

https://www.scws-al-anon.org/wp-content/uploads/2024/02/Forum-PowerPoint-2018-20 24-

Final.pdf

Try an Alateen Electronic Meeting in the Al-Anon Family Groups Mobile App

https://www.scws-al-anon.org/wp-content/uploads/2024/02/Try-an-Alateen-Electronic-

Meeting-in-the-App.pdf

Sandra also mentioned that there are eight electronic meetings that have not changed their status.

NEW BUSINESS

Positions:

Martin discussed the problems for filling positions on the board. The website has the positions and descriptions listed. The requirements are two years in Al-Anon and not being a dual member with AA.

ISR Attendance:

Werner pointed out that of 60 registered ISRs, 20 to 30 attend the ISR meetings, At this time, there are many groups without an ISR.

Ask It Basket

1. Carol B. Can someone please explain how the AIS office's answering service works?

Volunteers are at the office from 10 to 4 Monday and Friday. They answer the phone. For other calls, there is an answering service that assists in reaching out to 12 Steppers who are on a list. Calls do not go to voicemail.

2. Libby. Is it true that anyone who is quoted on a page for example, "Courage to change," that anything they write can be used as approved. To elaborate, If a member of a group shared that if someone's quote was included in CAL, other quotes from this person could be used since this person was approved.

The answer is if a quote is in approved literature, it can be used. If it is not then the reference is on page 114 of the Service Manual. Anita will get back to Libby for further discussion because "the person is not approved", although a quote may be.

3. Sharon. How does one register a new ISR for Monday night, Parents One Day At a Time.

There is an ISR Register. Sandra provided information.

4. Ashley, Is there more than one ISR? Please provide a copy of concepts and general warranties or direct me to where I can access it.

There can be an alternate ISR bit only one can vote. There is an electronic copy of the Service Manual on the website under Resources. (<u>Manuals and Guidelines - Al-Anon</u> <u>Family Groups</u>) The group is responsible for providing the Service Manual to the ISR and it is the practice to pass the manual on as that role passes to another person.

5. Annie, I am wondering if there is a recap of what we should share with our groups via email.

ISRs can report the highlights from the meeting if they take notes or wait for the draft report to use to report at the meeting. The secretary tries to get the draft minutes out in a timely fashion. Also, the Board is considering providing bullet items representing the most important information.

6. A member asked about closed captions.

Problems with Zoom closed captions were worked out in real time.

Announcements

The Spring Round Up is on March 30. The flier is on the website. There will be a panel, speakers, and a social gathering.

Werner closed the meeting with the Serenity Prayer at 11:43 AM.

Respectfully submitted by: Christine D., Secretary 2023-2024